

# **MENU for Term 2, 2024**

## **Every MONDAY:**

Your Lunch Box "McMuffin" (English muffin with egg, sliced cheddar cheese and crispy bacon), seasonal fruit, homemade baking with cheesy tomato twists.

(vegetarian, dairy free & gluten free ingredient options available)

## **Every TUESDAY:**

Crispy Chicken Ranch Wrap with lettuce and carrot, seasonal fruit, homemade baking & popcorn.

(vegetarian, dairy free & gluten free ingredient options available)

## **Every WEDNESDAY:**

Gingerbread Waffles with vanilla custard, seasonal fruit, homemade baking with carrot sticks & flat pretzels.

(gluten free ingredient option available)

#### **Every THURSDAY:**

Pizza Toastie filled with ham, bacon, cheese & tomato based pizza sauce, seasonal fruit, homemade baking with refined-sugar-free pear jelly cup.

(vegetarian, dairy free and gluten free ingredient options available)

#### **Every FRIDAY:**

Karaage Chicken, cucumber & kewpie sushi with soy sauce, seasonal fruit, homemade baking & rice crackers & cheese chunks.

(vegetarian, dairy free and gluten free ingredient options available)

OR

Hot Lunch option available for CMS students (see the website for more details)